

# FORSALEDEN

## One of our most wonderful walking trails



**Forsa area** is fascinating and mythical with grand nature, cultural relics, remnants of Forsagården, remnants of a mountain pasture, fishing, swimming in natural pools and water slides like a waterpark shaped by nature.

**Terrain and nature.** 7km forest path along Forsaån through partly rocky terrain on bridges and wooden spans. Along the trail, there are waterfalls, streams and ponds. Here are a variety of rare plant species, partly due to the chalky bedrock.

**The Forsafallet waterfall, salmon ladder and bath** you will find at the beginning, if you start from the north.

**Forsagården.** Remnants of the parish's largest and most ancient estate. Forsa farm remnants reminds of a farm that has been in cultivation already in the Viking Age. On [www.forsa.se](http://www.forsa.se) you can read about Forsa farm's history.

**Rock paintings.** There are a total of five rock paintings from the Stone Age scattered around the Forsaån. These were discovered in 1992. They are extremely rare, and created for over 3000 years ago.

**Iron Age tomb.** On the lake shore, marked, is a seemingly insignificant heap of stones believed to originate from the Iron Age 500 BC - 1050 AD. The tomb is found after about 3 km hike from the north end.

**Stone Age settlements** are in the northwestern part of Kvarnselet, by the shore, and a couple of them at Långnäset. At Forsanäset are fire cracked stones used for cooking. Here you can also find rejection of quartz or quartzite and remnants of tool manufacturing.

**Catch pits.** The oldest catch pit in the area is dated to the year 3175 BC.

**The rocking stone.** A "tilting stone" which weighs about 120 tons.

**Memorial.** A white painted pole. Reminiscent of three people who drowned just outside the pole. A mother from Forsa walked across the ice to retrieve her two sons for the Christmas break, and then all three went through the ice and drowned in 1895.

**Information.** Wind shelters at Forsa, Herrevadsströmmen and mountain pasture. Bring your garbage home with you.

**Security!** Be careful in the area as it can be slippery rocks. Stay along the trails and only light campfires at the existing fireplaces. When swimming in the water there is fast flowing streams. If an accident occurs, call 112

**Parking.** Parking Price 30 SEK / car, 200 SEK / bus. The parking fee is paid by sms (only for Swedish subscription). There is parking in 3 places, in the north, west and south of the area.

**For more information** Bräcke touristinformation. Email: [turism@bracke.se](mailto:turism@bracke.se) Phone: +46 (0)693-

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